



SUMMER CAMP PACKING LIST for Ages 6-8

Please send your campers to camp dressed for being in the sun, getting dirty and wet. Campers should wear shoes that they can run in. If their shoes cannot get wet, send them with an extra pair that can. NO FLIP FLOPS PLEASE!

Please send your camper with the following items:

Email Mike (mike@mtadamsinstitute.org) if you need us to provide any gear for you.

- 1 full water bottle
- Lunch
- Snacks
- Sun protection (sunscreen, hat, sunglasses)
- An extra layer in case it gets cold or rains
- Swimsuit or clothes that can get wet and a towel
- Extra face masks