



SUMMER CAMP PACKING LIST for Ages 9-11

Please send your campers to camp dressed for being in the sun, getting dirty and wet. Campers should wear closed toed shoes that they can walk, hike and run in. Campers' will be asked to wear their backpacks while out on adventures; they will not have to carry everything on the list below.

Email Mike (mike@mtadamsinstitute.org) if you need us to provide any gear for you.

Please send your camper with the following items:

- 1-2 full water bottles
- Lunch
- Snacks
- Sun protection (sunscreen, hat, sunglasses)
- An extra layer in case it gets cold or rains
- Swimsuit or clothes that can get wet and a towel
- **Water shoes**- this could be open or closed toed, but must have something that goes over the heel (aka no flip flops).
- Extra face masks
- Backpack (school or book sized packs are great!)